

*Plug-in-Jug
 News
 Published Monthly
 by:
 Acadiana Central
 Office
 Located at:
 115 Leonie St.,
 Lafayette, LA 70506
 Phone: 337 991-0830
 (24 Hours)
 Mail all
 Contributions to:
 P.O. Box 52186
 Lafayette, LA 70505
 Office Hours:
 Monday—Friday
 8:30AM-4:30PM
 (Lunch Hour Varies -
 Please Call First)*

COPYRIGHT © 2008

Step 12: Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.....
 Tradition 12: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.....

Copyright © A.A. World Services, Inc.
 Reprinted with permission.



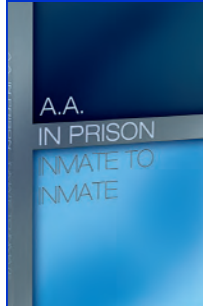
December 2008

COR Meeting
NO COR MEETING IN DECEMBER!!
Next Meeting January 18, 2009
 1119C Johnston Street
 Lafayette, LA 6:00PM

**Visited the Central Office lately?
 Come check out the Bookstore!
 Now In Stock!**

A.A. in Prison: Inmate to Inmate

This revised version of A.A. in Prison contains a new assortment of stories designed to better reflect the experience of A.A. members who found their way to the Fellowship while in prison.



78 pages; illustrated.

Copyright © A.A.W.S., Inc.
 Reprinted with permission.

FOUND: A tan folding Director's chair with tray. Very nice.
 May be raffled at the next Central Office function if not claimed!!
 CONTACT CENTRAL OFFICE 337-991-0830

**CENTRAL OFFICE WELCOMES
 Nancy C.
 OUR NEW OFFICE MANAGER!**
 Stop by the office and say "Hi" any morning before Noon.

**Cajun Country Conference 2009
 Planning Committee — Initial Meeting**
 3:00pm - Sunday - January 18, 2009
 Behind Domino's in the pink building!
 Help us plan our 25th CCC celebration!!
 Contact: Casey A. 337-581-9998

Beginning in January 2009, Group contributions to the Louisiana Area Assembly should be mailed to:
**Area 27 Treasurer
 P O BOX 1598
 Marrero LA 70073**

The Central Office will be CLOSED Christmas Day and New Year's Day!

**ACADIANA CENTRAL OFFICE
 2008 CHRISTMAS PARTY**
Saturday, December 20, 2008
Music - Food - Fun
 Fellowship at 5:30. Dinner at 6:30

Evangeline Shrine Club
 328 Guilbeau Road
 Lafayette, LA 70506

"KITCHEN TABLE AA"
 A District 13E Workshop
 Jay S., Bill C. & Matthew M.

January 23 – 25, 2009
 Clifton Chenier Auditorium
 Lafayette, LA
 Contact: David D. 337-278-1271

Free Admission See Flyer

The Central Office wishes to thank all the Volunteers who helped keep our doors open awaiting a new Manager!
 Joyce F., Susan C., Rick P., Chris H., Frank W., Evelyn R., Bill S., Ken L., Lisha H., Dawn E., Sharon P., Nancy C. & Dona D.
 We are grateful for your service!!

**Louisiana State Convention
 2009 — 2010 Planning Committee
 Meets 3rd Sunday of Each Month at 2pm
 Pink Building behind Domino Pizza**

CONCEPT 12: The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action. Copyright AAWS, Inc. Reprinted w/ permission.

Want to contribute an item to the Plug-In-Jug? Email us at plug-in-jug@aa-acadiana.org, or send it to the Central Office, by the 4th Friday of the month. To include a flyer with the *Plug-In-Jug* mail-out, please provide 130 copies to the Central Office.

MISSION STATEMENT

It is the goal of your Central Office Steering Committee to monitor and improve upon the quality of services provided by the office and its workers. The Steering Committee meets regularly to review Policies and Operations in order to improve its services to our A.A. Community.

www.aa-acadiana.org Email the Central Office at centraloffice@aa-acadiana.org

CAME TO BELIEVE...

Offering general AA information.

During my early days in AA, I was gratified to hear many people freely identifying themselves by first and last names. They were telling me that they were proud and happy to be members of AA and were secure in the knowledge that they were among friends whose understanding, love, and loyalty knew no bounds.

And yet others apparently did not feel that way. It struck me then, and it strikes me now, that at no other place are these people so anonymous. At social gatherings, cocktail parties, or business meetings, even in casual encounters, they do not hesitate for even a second to give their last names. They reserve that unintentional but nonetheless graceless act of concealment for their friends in AA.

And in this act of withholding, do they not surround themselves with an aura of aloofness that creates an artificial distance between themselves and their fellows?

W. F., Centreville, Virginia

Copyright © August 1981 A.A. Grapevine, Inc. Reprinted with permission.

WHAT OTHERS SAY...

How YOU take part in world service

When you make a local Twelfth Step call, that's a part of world service. When you contribute to the support of G.S.O., when you use A.A. literature or the A.A. directories, you are taking part in world service, too. You can participate even more directly by joining service activities in your group and area.

Copyright © AAWS, Inc. "Inside A.A."
Reprinted with permission.

TWELTH TRADITION CHECKLIST

Why is it a good idea for me to place the common welfare of all AA members before my own?
When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
Do I ever try to get a certain AA group to conform to my standards, not its own?
What is my personal responsibility in helping an AA group fulfill its primary purpose?
Do I do all I can do to support AA financially?
Do I complain about certain AAs' behavior — especially if they are paid to work for AA?
Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience?
Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
Should I keep my AA membership a secret?
Is my brand of AA so attractive that other drunks want it?
What is the real importance of me among more than a million AAs?

December 12, 1934 - Bill has Spiritual Experience at Towns Hospital .

December 19, 1939 - Drunks in Los Angeles hold their 1st AA meeting there.

1955 - 'Man on the Bed' painting by Robert M. first appeared in Grapevine. Painting originally called 'Came to Believe'.

1975 - "Birds of a Feather" AA group for pilots is formed.

STEP 12: Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.



I live by these Steps and get better.
I try to help other alcoholics.

Acadiana Central Office COR Meeting

Minutes from November 16, 2008

The meeting was called to order by Greg C. and opened with the Serenity Prayer.

STEERING COMMITTEE		COR & Alt. COR	
Chairman	Greg C.	A Design for Living	Janssen C.
Vice Chair	Aaron G.	Any Lengths	Kenneth A.
Treasurer	Jody H.	Big Book Experience	Al D.
Secretary	Ruth E. (Not Present)	Downtown (Opelousas)	Nancy C. (Visitor)
Communication	Ken L. (DCM Dist.13-E)	Faith Group	Kathy A.
Activities	Richard H.	Hub City	Jim W.
Contact	Dennett R.	Kitchen Table	Don O.
		Living Sober	Jeff B.
		New Way (Breaux Bridge)	Gloria T. L.
		Primary Purpose	Garrett M.
OTHERS		Sunday Morning Fellowship	James D.
Office Manager	To Be Announced	Sun Up	Jackie R.

Kathy A. (filling in for Ruth E.) read the minutes from the October COR meeting. The statement under New Business reading, "CORs voted to allow the Chairman to call executive meetings of the Steering Committee for personal business" was corrected to read "personnel business." Minutes accepted.

Treasurer's Report: Jody H. reported		Office Manager's Report: Greg read report.	
Starting Bank Balance	\$2500.00	12 th Step Calls	3
Total Income	\$5458.94	Meeting Info Calls	166
Total Expenses	\$3794.50	Walk Ins	89
Net Income	\$1664.44	Office Information	17
Transferred to/from Prudent Reserve	\$1735.97	Al-Anon Info	5
New Prudent Reserve Balance	\$8069.61	Other Calls	18
Report accepted.		Meeting Lists Mailed	5
		Meeting Lists Faxed	0
		Internet Inquiries	9
		Sales of Merchandise	79
		P-I-J Subscriptions	2
		<p>Greg C. stated that there had been a heroic effort by volunteers to keep Central Office open and operating during the time without an office manager. He especially thanked Ken L. for recruiting and training volunteers. A question was raised as to why there were only 3 12th Step calls during the last month and none during the previous month. Greg C. responded that it is cyclical and the numbers will rise and fall over the year.</p>	

Old Business

Greg C. handed out copies of the Central Office By-Laws, as amended in September and October, and reported that the By-Laws had been signed by members of the Steering Committee, and a copy of the new By-Laws will be posted on the Central Office website. The revised By-Laws include (as attachments) the Central Office Manager Job Description and the Official Website Guidelines.

Greg C. reported on the results of the search for a replacement office manager. As of November 7, 2008, there were four applicants for the position. The Steering Committee met on November 8 to review applications and determined that two of the applicants were not qualified for the position and two applicants were qualified to be interviewed. The Steering Committee designated a Search Committee of three members (Greg C., Ruth E. and Richard H.) to interview the two remaining applicants. The Search Committee met with and interviewed the two applicants, and voted unanimously to make a recommendation to the full Steering Committee. The Steering Committee met on November 16, and received the Search Committee recommendation to hire Nancy C. as the new Central Office Manager. The Steering Committee voted to approve the hiring of Nancy C. Greg C. reported to the COR's that Nancy C. would begin her first day of employment on Monday, November 17, 2008, and that Nancy would generally be working mornings Monday through Friday. Nancy C. introduced herself to the group and shared her excitement about the job. Ken L. reported that the Steering Committee has been reviewing options for changes in Central Office hours, to make it more accessible to those who work during current hours. Greg C. stated that the Steering Committee hopes to be able to make a recommendation to the COR's at the next COR Meeting.

Richard H. handed out a proposed budget for the Central Office Christmas Party on December 20, 2008. The handout also included expenses from last year's party for comparison. He stated that the party had moved this year from the Youngsville location to the more central location at the Shriner's Club on Guilbeau Road. The \$500 fee for the hall rental includes \$100 for clean-up. He also stated that he might be able to get the use of the barbecue pit donated. Richard reported that he needs help from volunteers for setup and decorations. He also stated that group donations are requested to help purchase the turkeys that will be barbecued for the party. The suggested donation of \$25 can be mailed to Central Office (be sure to identify it as a Christmas donation). He also requested the donation of items for door prizes. The COR's voted to approve a budget of approximately \$1,500.

New Business

Greg C. handed out sign-up sheets for the Christmas Alcathon to be held at Turning Point and asked COR's to take them back to groups to encourage participation. He said that groups that already meet at Turning Point had been listed on the sign-up sheet in their regular meeting times. He stated that Central Office is paying rent to Turning Point for the use of the facility, and he encouraged groups to hold on to Alcathon meeting donations and deliver them directly to Central Office, and not leave them at Turning Point. He noted that the New Year's Alcathon at Turning Point was not a Central Office function, but one sponsored separately by Turning Point.

Greg C. stated that traditionally COR Meetings have not been held during the month of December and he asked the COR's to consider whether we would have a December meeting. The COR's voted to keep the tradition and not meet again until the third Sunday in January, 2009.

Greg C. asked COR's to encourage their members to support the Scott Group Gumbo dinner to be held on Saturday, November 22nd. The annual event is held as a fundraiser for Central Office.

A question was raised about unregistered groups being included on the Central Office Meeting List. Greg C. reported that unregistered groups had been left off the Meeting List for several years, but had been included in recent months in response to concerns raised at the Central Office Inventory, and discussed at COR Meetings, that Central Office should encourage attendance at unregistered group meetings so that these groups can eventually become registered groups. He noted that a group must be registered with the GSO to be a voting member of Central Office, but COR Meetings are open to be attended by anyone, whether a member of a registered group or not.

Meeting closed with the Lord's Prayer.



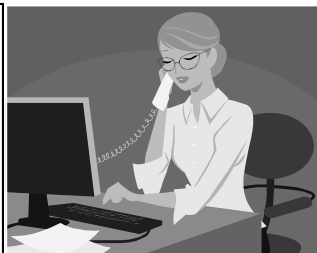
Season's Greetings

THERE WILL BE NO C.O.R. MEETING THIS MONTH — DECEMBER 2008
 The next meeting will be on Sunday, January 18, 2009

Office Manager's Corner

For the month of November 2008
 the Central Office:

12th Step Calls	8
Meeting Info Calls	175
Walk-ins	58
Office Info	8
Al-Anon	1
Other Calls	29
Meeting Lists Mailed	11
Meeting Lists Faxed	3
Internet inquiries	6
Sales of Merchandise	82
P-I-J Subscriptions	1



Volunteer Workdays In November

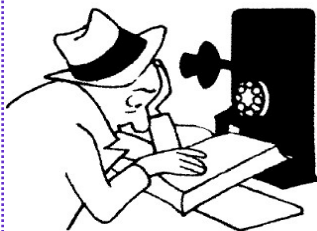
Susan C.	3,5,13,17
Rick P.	4,11
Chris H.	14,26
Frank W.	4,11,18,25
Bill S.	7,10,21
Ken L.	3,5,12,19
Lisha H.	20
Sharon P.	6,18
Nancy C.	6,12,13
Dennett R.	24

**Things We Cannot Change
 (In Memoriam)**

Glenn S.	New Way Group
Walter T.	Freedom's Choice
Albert H.	Scott Group
Lynn B.	New Way Group
Jackie G.	Abbeville Area
Roy R.	Freedom's Choice
Dave B.	Willing to be Willing
Terry B.	Hub City Group

Sick Bay

David S.	Reflections
Pete R.	Bienvenue
Ola B.	Last Chance Acceptance
Ronnie B.	Scott Group
Jack B.	Freedom's Choice
Sam J.	Freedom's Choice
Scott P.	Any Lengths
Keith C.	Area Group of Breaux Bridge
Maria L.	Sun Up
Madely G.	Sobriety & Beyond
Terry R.	Hub City



Groups: Please submit changes for **Sick Bay & In Memoriam** to the Central Office. *Thanks!*

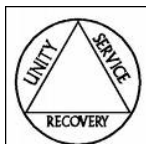
Acadiana Central Office
2008 FINANCIAL REPORT
FINANCIAL SUMMARY — OCTOBER 2008

Prudent Reserve Starting Balance	\$6,332.86
Total Regular Income	\$2,132.43
Total Sales Income	\$3,326.51
TOTAL INCOME	\$5,458.94
Total Regular Expenses	\$2,950.30
Total Sales Expenses	\$844.20
TOTAL EXPENSES	\$3,794.50
NET INCOME	\$1,664.44
Bank Balance	\$4,235.97
Prudent Reserve Transfer Amount	\$1,735.97
Prudent Reserve Balance	\$8,069.61
New Working Balance	2,500.00

Group Donations	October	YTD
Abbeville Area	\$0.00	\$0.00
Acadian Gr.	\$0.00	\$0.00
Any Lengths	\$0.00	\$400.00
Big Book Experience	\$40.00	\$40.00
Boulevard Gr. (Opelousas)	\$40.75	\$103.25
Brown Baggers (Morgan City)	\$0.00	\$250.00
Courage To Change (N.I.)	\$0.00	\$404.91
Design For Living	\$0.00	\$774.26
Downtown Gr. (Opelousas)	\$0.00	\$331.75
Dry Dock	\$200.00	\$251.58
Eunice Solutions Gr.	\$0.00	\$0.00
Faith	\$290.00	\$940.00
Freedoms Choice	\$0.00	\$0.00
Hang In There (Scott)	\$0.00	\$0.00
Hub City	\$0.00	\$600.00
Kitchen Table	\$175.00	\$1,185.00
Last Chance Acceptance	\$0.00	\$310.15
Live & Let Live Krotz Springs	\$0.00	\$40.00
Living Sober	\$0.00	\$275.00
New Way (Breaux Bridge)	\$0.00	\$1,562.00
Northside Gratitude	\$0.00	\$26.00
Opelousas Group	\$0.00	\$100.00
Primary Purpose	\$92.35	\$1,032.68
Queen City/ Gratitude (N.I.)	\$0.00	\$0.00
Reflections	\$0.00	\$425.00
Scott Group	\$0.00	\$348.36
Serenity N.I.	\$0.00	\$25.00
Simply Sober	\$0.00	\$50.00
Sisters In Sobriety	\$0.00	\$0.00
Sobriety & Beyond	\$0.00	\$0.00
Solutions Gr. Ville Platte	\$0.00	\$100.00
Spring Gr. Port Barre	\$0.00	\$10.00
Step Into Recovery	\$0.00	\$0.00
Step By Step	\$203.02	\$1,248.84
S.M.F. Gr	\$100.00	\$100.00
Sun Up	\$0.00	\$2,218.86
3rd Street Park	\$0.00	\$282.80
Triangle Gr.	\$0.00	\$0.00
Truman Gr.	\$0.00	\$20.00
12 @ 12 Group	\$116.25	\$266.25
We Agnostics	\$0.00	\$20.00
Willing To Believe (Duson)	\$20.00	\$40.00
Total Group Donations	\$1,277.37	\$13,781.69

HOW ARE WE DOING?

GREG C.
337-322-5177
chair@aa-acadiana.org



**Louisiana State Convention
Planning Committee**
Meets 3rd Sunday of Each Month at 2pm
Pink Building behind Domino Pizza
(Corner of University and Johnston)
Convention Dates:
Thurs-Sun, June 4-7, 2009
Thurs-Sun, June 3-6, 2010

**TO VOLUNTEER AT
CENTRAL OFFICE
CALL NANCY C.
(337) 991-0830**

Merry Christmas



JANUARY BIRTHDAYS

1238 YEARS OF SOBRIETY



Al M.	1/14/05	Living Sober	4 yrs
Alan N.	1/28/07	Reflections	2 yrs
Andy S.	1/17/07	Back To Basics New Iberia	2 yrs
Anthony M.	1/17/03	Courage To Change	6 yrs
Avery F.	1/13/01	Dry Dock	8 yrs
Ben B.	1/14/08	Queen City/Gratitude	1 yr
Bengie F.	1/16/84	Abbeville Area	25 yrs
Bill M.	1/28/08	Kitchen Table Group	1 yrs
Billy F.	1/9/81	Kitchen Table Group	28 yrs
Brett D.	1/1/05	Kitchen Table Group	4 yrs
Brock P.	1/10/05	Reflections	4 yrs
Buddy S.	1/20/91	Abbeville Area	18 yrs
C.J. G.	1/10/00	Abbeville Area	9 yrs
Caroline T.	1/1/90	Design For Living	19 yrs
Chance T.	1/11/07	Faith Group	2 yrs
Chris M.	1/7/04	Design For Living	5 yrs
Chris S.	1/30/00	Abbeville Area	9 yrs
Christine O	1/22/89	Queen City/Gratitude	20 yrs
Cindy R.	1/28/04	Sun Up	5 yrs
David B.	1/15/06	Reflections	3 yrs
David G.	1/20/83	Abbeville Area	26 yrs
David R.	1/16/08	Kitchen Table Group	1 yrs
Deanna M.	1/15/07	Back To Basics New Iberia	2 yrs
Deidre L.	1/6/03	Courage To Change	6 yrs
Derwin H.	1/3/04	Abbeville Area	5 yrs
Dianne T.	1/2/02	Abbeville Area	7 yrs
Dodd D.	1/2/06	Kitchen Table Group	3 yrs
Earl B.	1/1/06	Design For Living	3 yrs
Erica T.	1/3/95	Simply Sober	14 yrs
Evelyn J.	1/14/98	Abbeville Area	11 yrs
Faye S.	1/1/84	Abbeville Area	25 yrs
Frank W	1/2/77	Hub City	32 yrs
Georgie F.	1/11/08	Primary Purpose	1 yr
Greg C.	1/27/03	Faith Group	6 yrs
Greg L.	1/5/75	Sun Up	34 yrs
Grover R.	1/1/77	Twelve At Twelve	32 yrs
Hanna P.	1/18/00	Sun Up	9 yrs
Holly O.	1/8/04	3rd Street Park Crowley	5 yrs
James K.	1/10/05	Sun Up	4 yrs
Jan J.	1/7/89	Twelve At Twelve	20 yrs
Jay J.	1/22/04	Sun Up	5 yrs
Jeannie D.	1/2/07	Faith Group	2 yrs
Jeff C.	1/23/01	Courage To Change	8 yrs
Joan G.	1/10/01	Back To Basics	8 yrs
Joey M.	1/3/04	Abbeville Area	5 yrs
John G	1/10/00	Downtown Group	9 yrs
John L.	1/3/06	Freedoms Choice	3 yrs
John N.	1/14/06	Faith Group	3 yrs
John P.	1/24/94	Living Sober	15 yrs
Joy N.	1/28/00	Primary Purpose	9 yrs
Judy M.	1/11/98	Sisters In Sobriety	11 yrs
Julia S.	1/10/85	Reflections	24 yrs
Julie C.	1/18/08	Primary Purpose	1 yr
Julie G.	1/13/05	Faith Group	4 yrs
Kathy A.	1/6/03	Faith Group	6 yrs
Kathy R.	1/18/83	Reflections	26 yrs

Kristie G.	1/21/02	Faith Group	7 yrs
Lester B.	1/26/07	Sun Up	2 yrs
Linda B.	1/20/94	Back To Basics New Iberia	15 yrs
Linda H.	1/4/01	Courage To Change	8 yrs
Lisa F.	1/5/99	Courage To Change	10 yrs
Lloyd B.	1/5/98	Faith Group	11 yrs
Lloyd P.	1/1/97	Courage To Change	12 yrs
Lonnie M.	1/31/94	Courage To Change	15 yrs
Louis K.	1/10/02	Dry Dock	7 yrs
Lyndon R.	1/1/98	Liberty Group	11 yrs
Marcy L.	1/15/87	Willing To Be Willing	22 yrs
Mark Bu	1/18/98	Faith Group	11 yrs
Mark S.	1/1/95	Kitchen Table Group	14 yrs
Marty P.	1/6/98	Serenity Group N.I.	11 yrs
Matt A.	1/12/91	Hub City	18 yrs
Michael H.	1/6/04	Design For Living	5 yrs
Michael V.	1/14/08	Primary Purpose	1 yr
Michelle L.	1/16/07	Primary Purpose	2 yrs
Michelle V.	1/2/86	Faith Group	23 yrs
Mick C.	1/31/99	Abbeville Area	10 yrs
Mike D.	1/3/03	Opelousas Group	6 yrs
Mike W.	1/8/01	Area Group Of BB	8 yrs
Moe M.	1/25/88	Last Chance Acceptance	21 yrs
Nikki D.	1/29/00	Courage To Change	9 yrs
Olin S.	1/7/95	Live & Let Live Krotz Springs	14 yrs
Patrice W.	1/15/98	New Way	11 yrs
Paul D	1/13/92	Faith Group	17 yrs
Rachael H.	1/1/02	Courage To Change	7 yrs
Rafael M	1/19/82	Duson Willing To Believe	27 yrs
Raphael M.	1/19/82	Faith Group	27 yrs
Ray H.	1/17/89	Abbeville Area	20 yrs
Rene A.	1/12/73	Abbeville Area	36 yrs
Ric P	1/17/80	Faith Group	29 yrs
Richard H.	1/24/06	3rd Street Park Crowley	3 yrs
Rick L.	1/12/02	Sun Up	7 yrs
Ronnie B.	1/22/72	Scott	37 yrs
Rosemary D.	1/1/86	SMF Group	23 yrs
Rusty S	1/1/88	Sun Up	21 yrs
Ruth J.	1/25/07	Primary Purpose	2 yrs
Ryan B.	1/22/08	Primary Purpose	1 yr
Sally H.	1/1/02	Downtown Group	7 yrs
Sandra B.	1/2/87	Queen City/Gratitude	22 yrs
Shep C.	1/31/96	Hub City	13 yrs
Shirley G.	1/8/03	Courage To Change	6 yrs
Steve C	1/27/05	Serenity Group N.I.	4 yrs
Ted C.	1/2/84	Abbeville Area	25 yrs
Terry R.	1/1/76	Hub City	33 yrs
Terry S.	1/20/07	Duson Willing To Believe	2 yrs
Thomas S.	1/1/07	Freedoms Choice	2 yrs
Tim G.	1/7/06	Primary Purpose	3 yrs
Tom T.	1/10/89	3rd Street Park Crowley	20 yrs
Tootie L.	1/18/05	Hub City	4 yrs
Trisha L.	1/2/02	Abbeville Area	7 yrs
Troy D.	1/14/04	Abbeville Area	5 yrs
Vicki M.	1/1/06	Primary Purpose	3 yrs



Want to update your sobriety date? Email us at plug-in-jug@aa-acadiana.org.

NOTES FROM ALL AROUND...

Offering a variety of items from sources around the world of A.A.



You are invited to ... The Kitchen Table Group. This Alcoholics Anonymous group meets Monday, Wednesday, and Friday mornings each week. We begin at 7:00 AM and end promptly at 8:00 AM. Our meetings are Closed meetings for alcoholics and we welcome anyone with a desire to stop drinking. You can find us in the grey wooden building on Robley Drive behind Holy Cross Church which is on Broadmoor Blvd.

Meetings at Kitchen Table are centered on the AA Big Book and the solution we find in it. Our topics are directly from portions we read and individuals are welcome to share their experience, strength and hope as it relates to what we have read. Attendance ranges from 15 – 30 people, male and female, and all ages are represented.

Two themes vital to recovery are important in this group. First, we strive to help and encourage each member to continue actively working the 12 Steps of the AA program. Then, as we find in our twelfth step, we encourage sponsorship.

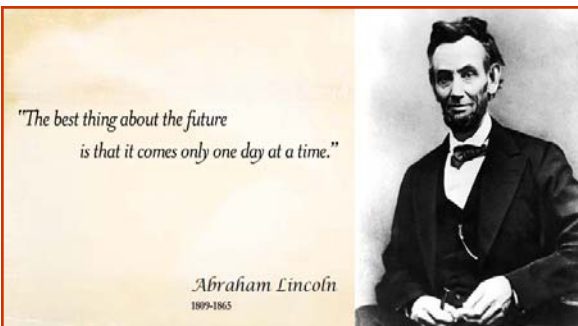
The Kitchen Table Group began to meet in January 2008 and met only two days a week. As attendance and interest grew and requests were made to meet more often it was decided that we should meet three times a week. We began our three meetings each week in June and this seems to be just the right schedule for our members. This is an early morning time but it is a great way to begin your day. If you are looking for a meeting that is centered on the AA program of the 12 Steps of Recovery, if you want to find out what is in the Big Book regarding the solution, if you are looking for a sponsor that is working the 12 Steps and if you need a place to get involved with a positive recovery experience then come visit The Kitchen Table Group. The only requirement for membership is a desire to stop drinking.



KITCHEN TABLE GROUP

David G. The Kitchen Table Group

Area groups are invited to submit articles highlighting our Home Groups to be considered for publication.



New District 13E Officers were elected at the November 12th meeting:

	<u>NEWLY ELECTED</u>	<u>OUTGOING</u>
DCM	David D. (Kitchen Table Group)	Ken L.
Alt-DCM	Liz W. (Design for Living)	David D.
Secretary	Julie K. (Sun Up)	Casey A.
Treasurer	Al M. (Living Sober)	David G.
Gen. Svc. Liaison	Dennett R. (Kitchen Table)	Dennett R.
Central Office Liaison	Casey A. (Step By Step)	none

The district extends its heartfelt thanks to the officers who are rotating out. And congratulations and best wishes to those elected.

District officers are elected for a 2 year term beginning January 1st.

Acadiana Area District and Conference Business Meetings

Central Office Representatives	3rd Sunday	6:00pm	1119C Johnston St.
District 13 General Service Meeting	2nd Sunday	6:30pm	300 E. Martial Ave.
District 13E Business Meeting	2nd Wednesday	6:00pm	300 E. Martial Ave.
District 13B Business Meeting	2nd Thursday	7:00pm	321 E. Third St. - Crowley
District 13C Business Meeting	Last Sunday	4:00pm	210 8th St. - Turning Point
District 9 Business Meeting	1st Wednesday	5:30pm	206 N. Liberty - Opelousas
District 2 Business Meeting	2nd Saturday	5:30pm	613 1st St. - Morgan City
[NOTE: In EVEN Numbered Months Dist. 2 meets at the Charenton Fire Station!!]			
State Convention Planning Committee 2009-2010	3rd Sunday	2:00pm	1119C Johnston St.
Cajun Country Conference Committee	3rd Sunday	3:00pm	1119C Johnston St.
FOTS - South — Planning Meeting	1st Sunday	4:00pm	210 8th St. - Turning Point





Acadiana Groups Celebrating Anniversaries This Month

District	History Date	Month	Year	Anniv. Yrs.	Group Name	City
9	12/22/1976	12	1976	32	Opelousas Group	Opelousas
13-E	12/21/1982	12	1982	26	Faith Group	Lafayette
13-E	12/14/1983	12	1983	25	Sun-Up Group	Lafayette
13-B	12/30/1989	12	1989	19	Third Street Park Group	Crowley
13-B	12/10/1996	12	1996	12	Rayne Willing To Be Willing Gp	Rayne
9	12/09/2003	12	2003	5	Oaks Group	Grand Coteau

Anniversaries are based on group registration dates as recorded by the A.A. General Service Office (GSO) in New York.

DECEMBER

2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 District 9 5:30pm 206 N. Liberty Opelousas	4	5 Corrections Conference	6 District 9 Workshop Corrections Conference
7 Corrections Conference	8	9	10 District 13E 6pm Covenant UMC 300 E. Martial	11 District 13B 7pm 321 E. 3rd St. Crowley	12	13 Abbeville & New Iberia Christmas Parties
14 District 2 5:30pm Charenton District 13 Gen. Svc. Mtg. 300 E. Martial 6pm	15	16	17	18	19	20 Central Office Christmas Party 
21 NO COR MEETING	22	23	24 Central Office Christmas 24-Hour Alcathon Begins at 6:00 PM Turning Point	25  Central Office CLOSED	26	27
28 District 13C 4pm Turning Pt.	29	30	31 Turning Point New Year's 24-Hour Alcathon Begins at 6:00 PM			



JANUARY

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1  Central Office CLOSED	2	3
4	5	6	7 District 9 5:30pm 206 N. Liberty Opelousas	8 District 13B 7pm 321 E. 3rd St. Crowley	9	10 District 2 5:30pm Morgan City
11 District 13 Gen. Svc. Mtg. 6pm 300 E. Martial	12	13	14 District 13E 6pm Covenant UMC 300 E. Martial	15	16	17
18 COR Meeting 6pm 1119C Johnston	19	20	21	22	23 District 13E Workshop	24 District 13E Workshop
25 District 13E Workshop District 13C 4pm Turning Pt.	26	27	28	29	30	31 



DISTRICT 13E

DISTRICT INVENTORY

SATURDAY

JANUARY 10, 2009

10AM - 3PM

ST. PATRICK'S
CHURCH HALL
LAFAYETTE LA

WHAT IS THE PURPOSE OF THIS DISTRICT INVENTORY?

To examine the job the district has done over the past two years in fulfilling its responsibility to carry the AA message and to find ways for improvement.

WHO IS THIS INVENTORY FOR?

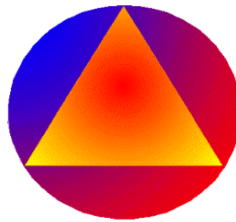
Any A.A. member of a group belonging to District 13E may ATTEND and OBSERVE the inventory.

Any member group GSR and Alternate GSR may PARTICIPATE in the Inventory DISCUSSION.

Each Member Group is encouraged to provide a participant.

Questions and comments should be directed through each group's GSR or Alternate.

Newly elected Area
27 Delegate Bob W.
from Opelousas will
conduct the
inventory.



Sandwiches and
cold drinks will be
provided during a
brief lunch break.

Annual Subscriptions for the *Plug-In-Jug News* are Due January 1st, 2009

It's that time of the year – time to renew your subscription to the *Plug-In-Jug News*, or start the New Year off right with a new subscription. The Acadiana Central Office offers an additional service as part of subscriptions, email distribution of a full-color portable document format (PDF) version of the newsletter. This service is free to all *Plug-In-Jug News* subscribers.

Subscribing is simple: Just fill out the Newsletter Subscription form below, and mail it in with your payment. A subscription form is also available on the Central Office web site at: www.aa-acadiana.org/plug.htm.

NEWSLETTER SUBSCRIPTION

Subscription Rate of \$15.00 is Due Annually on January 1st
(After January 1st, New Subscriptions are Pro-rated to the Calendar Month at \$1.25 per month.)

This is a _____ New Subscription _____ Renewal _____ Change of Address

PLEASE CHOOSE ONE OF THE FOLLOWING OPTIONS:

(check only one box)

I would like to receive the newsletter by U.S. Postal delivery only.

I would like to receive the newsletter by email delivery only.

I would like to receive the newsletter by U.S. Postal AND email delivery.

Name _____

Address _____

City _____ State _____ ZIP _____

Telephone Number _____

If receiving the newsletter by email, please provide an email address:

Email Address _____

(please print clearly)

Amount Enclosed \$ _____

Make Checks payable to: Acadiana Central Office

Mail with payment to: P O Box 52186 Lafayette LA 70505

CENTRAL OFFICE CHRISTMAS ALCATHON 2008

Turning Point - 210 Eighth Street

Lafayette, La.

Groups Furnish One (1) Pound of Coffee and any Goodies they wish.

Central Office Furnishes Cups, Sugar and Creamer.

Please Notify Central Office About What Time You Want:

(337) 991-0830 or centraloffice@aa-acadiana.org

Time/Date	Wednesday 12/24/08 & Thursday 12/25/08
6:00 PM. 12/24/08	Big Book Experience (Regular Meeting)
8:00 PM. 12/24/08	Back to Basics - Lafayette (Regular Meeting)
10:00 PM. 12/24/08	Primary Purpose
12:00 AM. 12/25/08	Reflections
2:00 AM. 12/25/08	Slot Still Open – Call to Sign Up!!
4:00 AM. 12/25/08	Slot Still Open – Call to Sign Up!!
6:00 AM. 12/25/08	Hub City
8:00 AM. 12/25/08	Sun Up
10:00 AM. 12/25/08	Sunday Morning Fellowship
12:00 PM. 12/25/08	Any Lengths (Regular Meeting)
2:00 PM. 12/25/08	12 at 12
4:00 PM. 12/25/08	New Way
6:00 PM. 12/25/08	Scott

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 *Line up extra A.A. activities for the holiday season.* Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



2 *Be host to A.A. friends, especially newcomers.* If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



3 *Keep your A.A. telephone list with you all the time.* If a drinking urge or panic comes—postpone everything else until you've called an A.A.



4 *Find out about the special holiday parties, meetings, or other celebrations*

given by groups in your area, and go. If you're timid, take someone newer than you are.



5 *Skip any drinking occasion you are nervous about.* Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



6 *If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.*



7 *Don't think you have to stay late.* Plan in advance an "important date" you have to keep.



8 *Worship in your own way.*



9 *Don't sit around brooding.* Catch up on those books, museums, walks, and letters.



10 *Don't start now getting worked up about all those holiday temptations.* Remember—"one day at a time."



11 *Enjoy the true beauty of holiday love and joy.* Maybe you cannot give material gifts—but this year, you can give love.



12 *"Having had a . . ."* No need to spell out the Twelfth Step here, since you already know it.